15th Anniversary Celebration
SEPTEMBER 21-23, 2012

5 years ago, a small, dedicated group of volunteers inspired by Edgar Cayce’s life and readings realized a dream 5 years in the making—the Grand Opening of our ARE-NYC Center for the 21st Century.

Join our diverse community of kindred spirits for this weekend-long celebration of our Center’s birth—and recent rebirth—as a spiritually minded, heart-centered place for connecting with our inner guidance, healing on all levels, and evolving to our highest Selves.

Cayce often said, “Spirit is the Life, Mind is the Builder, Physical is the Result.” Let’s celebrate what unites our community, in the same spirit of cooperation and selfless service that manifested our Center 15 years ago and is essential to keeping its Light shining brightly. Let’s share our gratitude for this unique space and the opportunities it gives us to build our lives around love, peace and oneness. And let’s re-dedicate ourselves to being channels of blessings to each other, our community, and our world.

“…make the WORLD a better place for THOU having lived in same.”
— Cayce reading 567-5

Highlights

• Friday Sept 21st 6:30pm to 9:00pm—a Mayan Elder leads us in ceremony in honor of International Peace Day.

• Saturday Sept 22nd — Psychic Fair from 11am to 4pm followed by our Special Guest Speaker Carol Ann Liaros leading a workshop in developing intuitive gifts by opening the heart center from 6pm to 9pm

• Sunday Sept 23rd 12pm to 4pm — an Open House with affordable admission and free mini-workshops by Center teachers/practitioners.

Look inside for details… and watch for an Anniversary Raffle of holistic health & intuitive services to benefit the Center and special thank-yous to our ARE-NYC Golden Heart Circle and Life Members.
INTUITION: Opening Your Heart Chakra
With Special Guest Speaker Renowned Psychic Carol Ann Liaros!

How do you elicit psychic information from your subconscious / super conscious mind when you have a “need to know”? What does the application of your intuition have to do with service to others as Edgar Cayce told us over and over to do?

Join this fun-filled experiential workshop to uncover these gifts we all have and can use daily.

For over 40 years, CAROL ANN LIAROS has been a professional psychic, lecturer, workshop presenter, and author. She has appeared on international TV, hundreds of radio shows, in the movie Inner Spaces, and has been a speaker and mentor for Edgar Cayce’s Association for Research and Enlightenment (A.R.E.) for more than 25 years.

She has worked for business leaders, psychotherapists, senior corporate executives, health organizations, spiritual groups, and churches designing workshops, meditations, innovative psychic techniques, intuition programs, and more. She is the author of “Intuition Made Easy”. Her latest book, Edgar Cayce on Auras and Colors (co-authored with Kevin J. Todeschi) was released in January 2012.

As the subject of psychic research with E. Douglas Dean, Ph.D., Sister M. Justa Smith, Ph.D., and Shafica Karagulla, M.D., her accuracy over a 2-year study was 93-97% in predicting the future.

THE MAYAN ELDERS SPEAK:
2012 and a Message of Peace
With Don Pedro Pablo Chuc Pech

A Simple Man with an Extraordinary Message from the Mayan Wisdom-Keepers

Don Pedro will explain the true significance of the calendar and how its end date of December 21, 2012 is not the end of the world but the beginning of a New Age of Consciousness. In the lecture learn first-hand what the Maya believed about time, the cosmos, and humanity. The evening will be highlighted by Don Pedro leading us in an Earth Connection offering with corn. The corn is sacred to the Maya people as it is to most indigenous peoples of the Americas.

DON PEDRO PABLO CHUC PECH is a member of the Mayan Council of Elders and is a retired Primary School teacher. His current work involves preserving Mayan culture and language for students of his pueblo. To that end he has formed The Academy of Mayan Culture where he is teaching Yucatec Maya, writing in Yucatec Maya, the Mayan Calendar, Mayan numbers and elementary hieroglyphic writing. He was also a featured speaker at a United Nations conference in October 2010. Don Pedro is a spokesman for Mother Earth, a voice of conscience. His extraordinary message helps us to open our hearts and sensitivities to attune ourselves to the spirits of nature, the guardians of the trees, the animals, the plants, the water, the air and to open our cosmic memory to the sacredness of all life.

Open House
SEPTEMBER 23, 2012

Celebrate the Anniversary of Edgar Cayce’s A.R.E. Center of New York with a day of entertaining and informative workshops for one low fee. On Sunday, September 23, the Center is offering an afternoon of workshops by some of our most popular speakers. For a flat fee of only $15, you can enjoy as many of these 25-minute workshops as you like from 12 to 4 pm. Workshops will include:

- Edgar Cayce’s Remedies with Jack Rosen
- Economic Healing: Prosperity According to Edgar Cayce with Catherine Outeiral
- An Introduction to Edgar Cayce with Lubaina Choudury
- Energy Healing (Reiki) with Peter Goldbeck
- Sound Healing with Roger Ansanelli
- Pendulum Work with Roger Ansanelli
- Mediumship with Rev. Kev O’Kane
- Past Life Regression with Rev. Kev O’Kane
- The Legacy of Toltec Dreaming with Mark Cloudfoot
- Crystals for Healing with Travis Ogden

Some workshops will be held consecutively in our classroom and auditorium, so be sure to come early to schedule the sessions you’d like to attend.

SAVE the Date!
SATURDAY, DECEMBER 1, 2012
All-day workshop with Kevin Todeschi, global A.R.E. Executive Director & CEO, about Edgar Cayce on 2012 and beyond. Followed by our ARE-NYC Holiday Party.
THE EVOLUTION OF THE SOUL & CONSCIOUSNESS  

With Peter Woodbury, MSW

Peter will be lecturing once again on the subject that was so well received at the 2012 ARE congress: Edgar Cayce tells a story of our creation as souls and our soul development through multiple levels of consciousness and a “universe of worlds.”. Our particular soul journey has brought us to earth to learn the unique lessons of this three dimensional realm of consciousness. Our ultimate soul destiny is to return to oneness with our Creator. In this lecture, you’ll be led through the soul’s journey in consciousness towards a deeper understanding of the purpose and mission of creation and the soul.

KARMISTRY: Understanding the Karmic Mystery of Chemistry & Relationships  

With Peter Woodbury, MSW

Did you ever wonder why you were never attracted to that “perfect” person your parents and friends liked so much? And then you fell head over heels for the one they all knew was wrong for you? And you even agreed with them! But that elusive “chemistry” was missing with one but not the other. In this workshop, you’ll come to understand Karmistry - the interplay of karma & chemistry that fuel our love interests and love choices. And whether you’ve found your soul mate or are still looking, this workshop will help you understand Edgar Cayce’s profound perspective on who and why we love, our soul’s journey and purpose, our relationship choices, and illuminate the subject of soul mates, soul groups and twin souls. This promises to be an enlightening event you won’t want to miss! Bring a “friend”!

DEATH AND THE AFTERLIFE: A Comparison of the Edgar Cayce philosophy with that of Spiritism  

With Jack Rosen

I will be comparing the Spiritist concepts of life after death with that of Edgar Cayce. We will see a dramatization of the book Nosso lar which is an hour and a half long. Francisco Candido Xavier is the Edgar Cayce of Brazil. He was nominated for the Nobel Peace Prize in 1989. He wrote over 400 books through automatic writing and donated all the copyrights to charities. He is a Spiritist who follows the principles laid out in the book “The Spirits Book” by Allan Kardec which was written in 1856. The main concepts that I will discuss is that there is no death just a passing from one state of consciousness into another. We have all made some bad choices in other lives and now have an opportunity to correct them. Spiritists call this expiration, Edgar Cayce called it karma or sowing what one had reaped.

Death is but the beginning of another form of phenomenonized force in the earth’s plane, and may not be understood by the third dimensional mind from third dimensional analysis, but must be seen from the fourth dimensional force...

136-18

Learn to live! Then there is no death, save the transition, when desired. See?... Many live who have never died as yet! 900-465

From the Spirits Book:

149. What becomes of the soul at the moment of death?

“It becomes again a spirit, that is to say, it returns into another. We have all made some bad choices in other lives and now have an opportunity to correct them.

5749-3

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EDGAR CAYCE AND ECKHART TOLLE

A Comparison of the Philosophies of

With Jack Rosen

Using videos from the Edgar Cayce TV station and Eckhart Tolle TV I will compare the philosophy of Edgar Cayce with that of Eckhart Tolle. Some of the topics that will be covered are relationships, suffering, death, love and others.

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DEATH

Edgar Cayce: With error entered that as called death, which is only a transition-or through God’s other door. For as we have given that we see manifested in the material plane is but a shadow of that in the spiritual plane. 5749-3

Continues on page 6
Eckhart Tolle: There is no such thing as death; death is merely a transition from one form into another form or from one form into formlessness.

SUFFERING

Edgar Cayce: Those who would gain the greater will suffer the more. 5241-1. In suffering strength is gained. 5528-1

Eckhart Tolle: Suffering forces you to surrender. It is. Suffering is most peoples only spiritual teacher. It is. Suffering will suffer the more. 5241-1. In suffering strength is gained. 5528-1

Edgar Cayce: What is often called love is only a deep seated need of the ego as it focuses on one particular form that it relies on for fulfillment. 5528-1

Recommended reading:
- The Edgar Cayce Companion - compiled by B. Ernest Frejer
- The Power of Now - by Eckhart Tolle

LIFE, DEATH, REINCARNATION, ETERNITY according to Edgar Cayce

With Jack Rosen

Life is continuous, and is infinite. 1554-2

The earth and the universe, as related to man, came into being through the Mind--of the maker, see?...and as man’s concept came to that point wherein man walked... 900-27

...The last to be overcome is death. Death of what? The soul cannot die; for it is of God. The body may be revivified, rejuvenated. And it is to that end it may, the body, transcend the earth and its influence. 262-85

Ye as a soul-entity, in the beginning sought companionship with God; losing that companionship by choice... 3465-1

According to Edgar Cayce the soul which is who we really are can never die. Edgar Cayce described death as walking in from one room into another. Edgar Cayce had invisible playmates that only he and his mother could see. He was able to communicate with his grandfather from the time Edgar was five when his grandfather died. When Hugh Lynn Cayce was a boy he saw an old woman wringing her hands and crying at the foot of his bed, three nights in a row. Edgar explained that it was the ghost of the woman who had died in the building they were living in. He talked to her and helped her go into the spirit realm. They never saw her again.

In this workshop we will explore Edgar Cayce’s concept of death and the spiritual realms. Ghosts and our lives in the astral plane. The cycles of life-death and rebirth. We will compare his philosophy with that of Rudolf Steiner, Martinus, Chico Xavier, Allan Kardec, and H.W. Percival.

Recommended Readings:
- Life and Death: The Pilgrimage of the Soul by Harvey A. Green
- No Death God’s Other Door by Hugh Lynn and Edgar Cayce
- The Edgar Cayce Companion compiled by Ernest Frejer
- Staying Connected by Rudolf Steiner
- Nosa Lar by Chico Xavier
- The Third Testament by Martinus
- Thinking and Destiny by Harold Waldwin Percival
- The Spirits Book by Allan Kardec

Recommended reading:
- Healing Psoriasis by Dr. John Pagano

SELF DISCOVERY AND ATTUNEMENT through Edgar Cayce’s Teachings on Astrology

The inclination of man is ruled by the planets under which he is born. In this the destiny of man lies within the sphere or scope of the planets. With the given position of the Solar system at the time of the birth of an individual, it can be worked out out—that is, the inclinations and actions without the will power taken into consideration. EC Reading 254-2

Learn the language of your soul as spoken through your Birthchart!
- What are the different planetary dimensions?
- Which Planet are you from?
- What does your chart say about your karma and life’s Purpose?

In order to get the most out of this class, please have your birthchart handy or send your accurate date, time & place of birth via email to have your birthchart done to lubainahw@gmail.com.

LUBAINA CHOUDHURY has been an ardent student of the work of Edgar Cayce since the age of twelve. Picking up her first astrology book at the tender age of eight she was guided to find out about Cayce’s life and legacy and that has shaped her spiritual beliefs and her outlook on life. Through her journeys on her spiritual path, Lubaina got introduced to the world of Shamanism. She has studied with Shamans from the Toltec and Amazonian traditions and found that she has a natural affinity for Earth Medicine. In her workshops and her private healing practice, Lubaina uses a combination of Dreamwork, Shamanism, Astrology and Energy Healing, all of which she grounds in her understanding of the Cayce philosophies of reincarnation, ideals and the soul’s purpose.

Currently she works at the A.R.E. of New York facilitating the arrangement of Programs and events.

MOON CEREMONY: Ebb and Flow with the Lunar Tides of Change

With Lubaina Choudhury and Travis Ogden

Celebrate and align yourself to the energies that are open and available every New and Full Moon!

During the each circle, Lubaina will talk about how the current lunar and other planetary vibrations are affecting us. She will then be joined by Travis Ogden, a Crystal Grid Healer who will create a grid specially for each moon cycle. Together through the use of crystal bowls, drumming, chanting and meditation, they will create sacred space for the circle to set forth their intentions and engage in a co-creative process of conscious manifestation.

Upcoming Moon Ceremonies 7-9 PM

September 16: New Moon
September 30: Full Moon
October 15: New Moon
October 29: Full Moon

Members $15  Non-Members $20

Overview of Cayce Remedies:

Workshop:
- Sunday, October 14
  - Afternoon Workshop: 1-4pm
  - Workshop: 1-4pm
  - Overview of Cayce Remedies: 4-5pm
  - Members $20  Non-Members: $25

- Monthly Workshop
  - Wednesdays: Sept 12, Oct 10
  - 7-9 PM
  - Members $20  Non-Members $30
  - Each class $30
JOURNEY OF LIGHT
...A two-part special event workshop
Given by ROGER ANSANELLI

Part One: Attunement of Our Fourth Dimensional Chakras
As we expand from third dimensional into fourth dimensional beings, the chakras that are currently in place progressively descend through our energy systems in order to make room for the next higher frequency chakras to descend and take their place. This process ushers us more fully into the fourth dimension where our personalities merge with our souls.

Part Two: THE MAHATMA ENERGY
...Invocation and Attunement
The Mahatma Energy, also known as the Avatar of Synthesis, is said to speed up our path of ascension a thousand fold when invoked...Invocation and Attunement

ROGER ANSANELLI is a Sound Frequency worker, a certified master practitioner and teacher of IET (Integrated Energy Therapy), and Advanced Pendulum. He is a certified practitioner of Magnified Healing, Reiki, Esoteric Healing, and Matrix Energetics. The heart of his work is in assisting people to move into the fullness of their light by clearing the emotional and energetic debris blocking their way to harmony. Roger is an ordained minister and spiritual counselor. Roger offers regular Sound Frequency Meditations in New York City and in Hoboken, NJ. In his Hoboken practice he conducts group meditations, a variety of workshops, and one on one sessions. For more information or to contact ROGER please go to: www.rogeransanelli.com or call 917. 371. 9790.

SOUND FREQUENCY MEDITATION & GROUP TONING
With ROGER ANSANELLI

Meditation connects us to the Heart of the Creator. ROGER will guide you through two meditations while playing crystal bowls and being sung by the higher realms. He will also walk around and direct dedicated Sound frequencies of Love into each participant as they meditate. The last 30 minutes are devoted to Group Toning; all participants tone together with a focused intention. “We each have a Brilliant spark and when we express it, and share it with the World, all in our presence Heal. We heal in the Giving… for it is then that We Vibrate The Gift We Are.”

Wednesday Evening Meditations
7-9 PM
Sept 5: Green Light and the use of Other LIGHT Colors
Oct 3: Invocation of the ARCHANGELS
Nov 7: Harvest, The Gifts of the Earth and the Plant Kingdom

Members $20  Non-Members $25

LIGHT UP!
With Reiki Master Peter Goldbeck

• Pillars of Transformation Workshop $20
  SATURDAY, OCT 27     7 - 9:30 PM
  Get a message, Send a message with a fun, different approach to Mediumship…… everyone is a channel!!

• Healing Workshop - $20
  FRIDAY, SEPT 28     7 - 9:30 PM
  Get rid of your old concepts of healing and your Limitations…. serious stuff but also fun!

• Healing Celebration - $15
  SATURDAY, SEPT 8 AND OCT 13     7 - 9:30 PM
  C’mon down for a Group Healing as well as an Individual Healing. Plus Powerful Attunement /Activations for ALL!!

• Prophecy Celebration - $15
  FRIDAYS, SEPT 21, OCT 5, 19, AND SATURDAY SEPT 1     7 - 9:30 PM
  Emphasis will then be centered on providing Prophetic Visions and Readings for all that are attending.

• Reiki Circles - suggested donation $10
  TUESDAYS, SEPT 4, OCT 2, 23 AND WEDNESDAYS, SEPT 19 7 - 9 PM
  A mental/emotional balancing
  Teaching of an additional symbol, A distance/absentee healing technique
  Disease cause/effect and treatment
  Healing Hand Positions

SATURDAY, OCT 27    7 - 9:30 PM
Through the use of a unique energy attunement and reprogramming one can dramatically increase ones intuitive or “Psychic” abilities.

• Psychic Enhancement Circles - suggested donation $15
  TUESDAY, SEPT 11, AND WEDNESDAYS, SEPT 26, OCT 10, 31 7 - 9 PM
Through the use of a unique energy attunement and reprogramming one can dramatically increase ones intuitive or “Psychic” abilities.

EARN YOUR REIKI MASTERSHIP

REIKI 1
Class Date: Sunday Oct 7
Time: 1-5pm

• The History of Reiki Healing
• Reiki Ethics & Precepts
• Healing Hand Positions
• Disease cause/effect and treatment

TUITION: $125 early registration (2 weeks prior to date); $150 after.

REIKI 2
Class Date: Sunday Sept 9 and Sunday Oct 21
Time: 1-5pm

• Teaching of three symbols, their names, meanings and uses
• A distance/absentee healing technique
• A mental/emotional balancing technique

TUITION: $185, early registration (2 weeks prior to date); $200 after

MASTERSHIP
DEGREE LVL 3
Class Date: Saturday Sept 29 Sunday Oct 28

• Teaching of an additional symbol, its name, meaning and use
• Powerful self-empowerment techniques
• Clinical applications of Reiki – traditional techniques
• Clinical Applications – non-traditional techniques
• Intuitive faculties in Reiki

TUITION: $450, early registration (2 weeks prior to date); $550 after.

TO REGISTER FOR REIKI CLASSES CALL 212-691-7690
SURFING THE WAVES OF CHANGE WITH JUDITH PENNINGTON - An Introduction
With Judith Pennington

This practical and highly experiential introduction to a full-day workshop in November shows how to surf the waves of change on our planet today by deepening into your psychic soul for creative solutions, life guidance, and joy-filled connection with Source. Dynamic discussions, empowering exercises, a brainwave map of consciousness and mind-expanding meditations will help you heal the past, shed old patterns, raise your consciousness and evolve your brainwaves into the frequencies of your psychic soul. Join us to begin this journey of profound self-discovery of your highest, most spiritual self.

JUDITH PENNINGTON, a writer, teacher and meditation/consciousness trainer, uses the science of EEG biofeedback and the spiritual vision arising out of deep connection with her soul to take people on an inner journey of self-discovery, healing and transformation. Succeeding brainwave pioneer Anna Wise, she is a world authority on EEG and the awakened mind of the masters. Her latest book, Your Psychic Soul, will be published by A.R.E. Press.

MALCOLM SMITH
Internationally known and admired British “Spiritual Healer” returns to New York City for private healing sessions

The internationally known healer from Yorkshire, England, considers himself an ordinary person with an extraordinary gift — the ability to be a channel for healing energy from God: “It is God who does the healing, not me.” For over 25 years, he has used his gift to relieve the pain, disease and suffering of thousands. Sometimes, the healing he gives results in instant cures. Often, several sessions over several weeks are required for results to manifest physically. He has restored sight and hearing, cured “incurable” diseases including cancer, and changed hundreds of lives. He emphasizes that slow progress is the norm and Spiritual Healing should not replace orthodox medical treatment. Apointments with Malcolm Smith must be held with a 50% deposit. If cheque is to be sent, the deposit must be made out to “Malcolm Smith Healing” and mailed to his address. He will send you a confirmation of your appointment.

HATHA YOGA
With Bijoy George & Sanjay Attada

“Begin the day with love, spend the day with love, fill the day with love, end the day with love. That is the way to God.”

PSYCHIC AND INTUITIVE DEVELOPMENT 1
With Coni Buro, Ph.D.

“Psychic means of the Spirit or Soul”
Cayce reading 3744-1

Trust Your Intuition to Improve Your Life. Created exclusively for the ARE, this popular class provides a safe, practical and effective way to awaken your innate psychic (soul) abilities for greater understanding of self and others, improved relationships, accurate decision making, self healing and prosperity. The class explores the Spiritual approach to psychic and intuitive development through practical exercises, meditation and dream work.

CONI BURO, Ph.D., an ARE member for over 20 years, is trained as a Wayshower for ARE Headquarters by psychic authorities Carol Ann Larios and Dr. Henry Reed according to the Edgar Cayce readings. Coni established the practice of working deeply with Meditation and Affirmation as a means of opening to our own psychic and intuitive faculties and attuning to Spirit. Her goal is to aid students’ growth and attainment to their own inner guidance. Coni is a certified Hypnotherapist and Energy healer and works with Guided Imagery for answers to present day questions. She is currently a practitioner at the ARE NY Center.

UNLOCK YOUR PSYCHIC SENSES: Level I
With Karen Frances

Develop your psychic and intuitive abilities in this fun, innovative, and comprehensive course. In four weeks, you’ll learn to manifest your potential by learning creative meditative and practical techniques that can help unlock your potential. You will learn to trust your intuition, and use it to help yourself and others create the life you desire.

Week 1: Meet your guides, meditation, begin working with your clairvoyance, psychometry. For more info email: ECBuro@aol.com

KAREN FRANCES is an Irish-born, internationally trained psychic-intuitive, medium, Reiki Master, and Spiritual healer. She has been interacting with Spirit since the age of three and has been a practicing Zen Buddhist for ten years. In her teaching she combines Celtic wisdom and traditions with other modalities, including esoteric symbolism, energy work, voice/sound vibration, her ability to reach altered states to tap into the Spirit world. She can help you develop these skills so you can create the life you want and help those around you. She trained as a medium and healer at the Arthur Findlay College in London, and studied numerous other modalities at the ARE.

For more info email: www.heartmindandspirit.com

THE SUCCESS MATRIX WORKSHOP:
Principles that guide Business & Spiritual Development  With Sam Liebowitz

If you think that business and spiritual development have little in common, think again. The path you travel to success, however you define it, can be thrilling but also overwhelming. In this workshop we will co-create a map specifically for your path, which will give you a clear direction and steps for what to do next.

In this four hour interactive workshop, you will also learn individual practices and ways of approaching growth and development for your spiritual life. Learn what they are in this mind expanding but eminently grounded training by Sam Liebowitz, the Conscious Consultant.

SAM LIEBOWITZ, the Conscious Consultant, is a mentor, coach, healer and serial entrepreneur. He has been in business for himself since 1993 and has owned several successful businesses. His current ventures include Talking Alternative Broadcasting, an Internet Radio Station which reaches over 60 countries worldwide, The Conscious Consultant, a coaching and mentoring service which promotes sensible, ethical, moral and conscious ways to build careers and businesses, and Double Diamond Wellness a healing center to which he brings his high level business and intuitive skills. In these various roles Sam has inspired hundreds of people to lives that are happier, healthier and more fulfilled.

Movie Nights

WHAT THE BLEEP DO WE KNOW?
Saturday, September 29
$5  7-9pm
Starring: Marlee Matlin, Elaine Hendrix and John Ross Bowie

WHAT THE #$*! DO WE KNOW?! is a radical departure from convention. It demands a freedom of view and greatness of thought so far unknown, indeed, not even dreamed of since Copernicus. It’s a documentary. It’s a story. It’s mind-blowing special effects. This film plunges you into a world where quantum uncertainty is demonstrated - where neurological processes, and perceptual shifts are engaged and lived by its protagonist - where everything is alive, and reality is changed by every thought. It is part documentary, part story, and part elaborate and inspiring visual effects and animations. The protagonist, Amanda, played by Marlee Matlin, finds herself in a fantastic Alice in Wonderland experience when her daily, uninspired life literally begins to unravel, revealing the uncertain world of the quantum field hidden behind what we consider to be our normal, waking reality.

MOONRISE KINGDOM
Saturday, October 27
$5  7-9pm
Starring: Bruce Willis, Edward Norton, Bill Murray, Tilda Swinton, Jason Schwartzman

Set on an island off the coast of New England in the summer of 1965, two twelve-year-olds fall in love, make a secret pact, and run away together into the wilderness. As various authorities try to hunt them down, a violent storm is brewing off-shore -- and the peaceful island community is turned upside down in more ways than anyone can handle.

GET THE BLUEPRINT FOR YOUR LIFE
With Alexander Dunlop

The deck of playing cards is the ancient Book of Life. The cards are older than the Bible. Based purely on mathematics, we each have 13 cards for life, which is why we say we have to “play the cards we’ve been dealt.”

In our 13 cards, we can see:
- Our Greatest Gift To Give
- Our Keys to Financial Abundance
- Our Shadow Side
- Our Relationship patterns

In this workshop you’ll learn:
- How to find your birth card and know your life path.
- The background and history of the cards.
- Their symbolism and meaning.
- What your birth card is and the meaning it holds for you.

ALEXANDER DUNLOP is a Life Priest. From an ordinary deck of playing cards, he can show you your true purpose, your keys to financial abundance, your relationship patterns, your shadow side, and your lifetime reward. Alexander is the founder of the Center for Spiritual Nutrition. He has worked as an Evangelical Protestant Minister and been trained as a Roman Catholic Priest. He was initiated as a Swami in India and practices Shamanic Healing in the Lakota tradition. He is a Harvard graduate and former Wall Street Consultant. For more information, please go to www.spiritualnutrition.org.

INTUITIVE HEALING  With Peter Roth

WEDS, SEPT 12; 7-9 PM: What do you need to do as December 21 approaches?
This class will look at the energies and evolutionary changes that appear to be at our doorsteps. How do we prepare ourselves and what will be expected of us in these changing times? We all came here for this approaching time and we each have our own path and unique traits that we need to pay attention to. Peter will intuitively address each participant in the class to assess their purposes and functions as we progress. He offers tremendous insights into the soul path and enlightenment of each student’s journey.

WEDS, SEPT 19, 7-9 PM: Self-Divining
Even though Peter provides intuitive information to students in his classes, he also teaches how to divine information for oneself. There are an endless number of tools to use for divining purposes. Peter will demonstrate and teach how to use a good number of them. This will be a wonderful empowerment to enhance your higher knowing. There is so much knowledge about ourselves and life when we tap in to a higher consciousness. Everyone can do this with the right tools and different people attune to different tools. Learn some choices that are available to you and stop being stuck in your linear and limited mind.

PETER ROTH is an acclaimed intuitive healer who has been written about in many books and magazines. He has been in full-time practice in NYC for the last 17 years. He is the founder and director of the Heart River Center for Intuitive Healing which has taught classes to thousands of students over the last 15 years. Peter has also been teaching at A.R.E. for the last several years. Many of the A.R.E. Center’s managers and volunteers have taken these classes and have raved about them. Peter also has had a weekly radio show “Energy Stew” at progressiveradionetwork.com for the last 6 years. He can be contacted at peter@heartriver.org.
HOW COLOR CAN HEAL YOU AND YOUR PETS
With Olga Horvat

Have you ever thought of helping yourself and your pets with by learning simple techniques of color therapy? Both NASA and the US Navy are utilizing color therapy for decades. Hospitals have used "blue-light therapy" on jaundiced babies. Discover healing properties of colors by taking this fascinating course. A color therapy will be demonstrated through various methods, such as Etheric Massage; Color Light; Food; Essential Oils, Guided Color Visualization Meditation; etc.

BONUS: Some lucky audience members will be randomly selected for demonstration. A special medical device, Bioptron will be used to balance the energy in the body and strengthen vitality and health.

OLGA HORVAT, MA, is the author of Paranormal Pooch and the founder of Royal Dogs Gallery, a company that provides holistic products and services. Ms. Horvat is a certified Lumina Science Color Therapist. She has been awarded with a Color Elite Certification from The National Association of Holistic Wellness, New York; and Iris Diploma in Colour and Natural Healing for Animals from Iris International School in Colour Therapy, United Kingdom. Ms. Horvat has been featured on CNN - Anderson Cooper 360; Cognac’s Corner TV Show; New York Live, NBC; and dozens of radio shows throughout the US, Canada, Europe and Australia. For more information please visit this website: www.RoyalDogsGallery.com □

MYSTERIOUS WORLD OF ENERGY 101: And How to Make it Work for You
With Dina Vitantonio

This is a program (includes exploring some Ancient Practices of Mesopotamia) designed for beginners to mid-level students interested in learning about “Personal Energy”, Where it Comes From, and How to Utilize its Power to work for you! You will learn how to Accumulate more (positive) energy, how to avoid negative people/energy and learn to gather and deliver energy and it’s healing benefits to yourself and others. Some of the techniques shared are from Ancient Mesopotamia, hidden for centuries and only recently uncovered. It will be an interactive class with some movement practices to help the participants deeply and intuitively connect. Participants should wear comfortable clothes. Information from Edgar Cayce’s findings on the Aura will be shared are from Ancient Mesopotamia, hidden for centuries and only recently uncovered. It will be an interactive class with some movement practices to help the participants deeply and intuitively connect. Participants should wear comfortable clothes. Information from Edgar Cayce’s findings on the Aura will be covered in this course.

DINA VITANTONIO is an Energy Therapist, Intuitive Healer, Channel and author/editor on “Energy” and Esoteric Practices. Also an Easter n Indian and Asian Energy Yoga instructor, based on the healing martial art form, Qi Gong. Dina focuses on Eastern and Western techniques, ranging from energy and healing modalities to Esoteric practices, especially those of Ancient Mesopotamia. She is a certified Reiki and Tao Healing Practitioner, Universal Energy Channel, Crystal Healer, Brain Management Consultant, Eastern and Asian Energy Yoga Instructor. Dina lectures on “Energy” and Esoteric Techniques. Her interactive programs teach Principles and How to Integrate them, connecting our intuitive selves and others.

DECODING YOUR LIFEMAP USING VEDIC ASTROLOGY
With Simon Chokoisky

Imagine you’re on a quest to discover a sacred treasure… the map of your life. After searching for some time, you find it only to discover it’s in a script you can’t decipher. This is the horoscope, and it’s written in enigmatic symbols up to now only accessible to trained astrologers. Decoding Your Life Map was created to give you access to the secrets and self-knowledge your chart holds! In this one-day seminar you will learn to decode your Soul Purpose, Blind Spots and their Antidotes, Special Talents, Sacred Sounds, Tantric Daily Biorhythms, Personality Type, and much, much more. Free chart with registration (provide date, time, and place of birth). Time: 10am- 5:30pm Register now!

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PAST LIFE GROUP REGRESSION
With Rev Kev O’Kane

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THE MAYAN PROPHECIES: The New Dawn & Mayan Blessing Ceremony
With Anita Garr and Irma StarSpiritWoman

W e embrace the time of 2012, as we learn about the Mayan prophecies, and explore the New Dawn, accompanied with Shamanic Journey’s and Meditations. We will close with a beautiful Mayan Ritual Blessing Ceremony at the end of the series. Oct 16 - The Return of Kukulkan/Quetzalcoatl: 2012. This class will discuss the meaning and implication of three ancient Mayan prophecies about the return of this universally worshipped deity on May 20th, June 6th and December 21st 2012.

OCT 23 - Ancient Prophecies Inherited by Contemporary MAYA Elders: We will work with the prophecy about the return/reincarnation of the ancient sages and another on world transformation at the end of this cycle. An explanation of several ancient prophecies from two well respected Maya elders and the teachings about working with the ancestors.

OCT 30 - Ancient Prophecies about the New Dawn, Job Ahau/the 5th World & the Return of the teachings about working with the ancestors.

NOV 6 - Traditional Mayan Blessing & Manifestation Ceremony: Join us in a Mayan sacred ceremony, the meaning of ritual offerings and flowers, the best way to receive blessings and manifest our prayers and intentions. (* NOTE: Please bring flowers and rosemary, and offerings). ●

ANITA GARR has been a student and explorer of Mayan spirituality since 1990, the time of her first pilgrimage to the ancient Mayan ceremonial sites. She has traveled extensively in southern Mexico and Guatemala, studying with numerous Maya priests and elders. She has spent much of the past ten years in Momostenango, Guatemala, living with the traditional K'iche Maya, acting as an international liaison for them, translating their messages and getting them out to the world. Anita has received extensive training in Mayan ceremonial traditions and the intricate workings of the K'iche Ritual and Solar calendars. Anita loves assisting others in their evolution by enabling them to experience the beauty, magic, depth, intense energy and transformative power of Mayan sacred ritual work. For more information: anitagarr@yahoo.com ●

IRMA STAR SPIRIT WOMAN is a Medicine Woman honoring the ways of her ancestors, curanderas and medicine elders. She is a Shamanic and Reiki practitioner, Certified Crystal Healer, Certified in Magnified Healing, Toltec Dreamworker, and an Ordained Minister in the Order of Melchizedek. She is a Co-Founder of the New York Shamanic Healing Circle, and core member of the NY Shamanic Circle for 16 years. She also facilitates Shamanic Workshops and Dream circles at the A.R.E. StarSpirit Woman uses sound healing, womb medicine, crystals, and works with the “poderios”, the elemental forces we need to keep an open channel of communication. Her style is accompanied by prayer work and traditional indigenous ceremonies which allows to heal the community with heart. Irma StarSpirit Woman currently lives in Queens, NY. She can be reached at starspiritwoman@yahoo.com or visit www.shamanicfirereiki.com ●

TUESDAY SERIES

MAYAN SHAMANIC SERIES: Tuesdays Oct 16,23,30 & Nov 6 7:15 - 9:15 pm Pre-registration by Oct 1st $125 Non-Members $115 Members Drop in per class: $40 Non-Members $30 Members

THE SHAMANIC DREAM CIRCLE
A Monthly Circle with Irma StarSpirit Woman

I rma StarSpirit Woman will be teaching in the ancient Toltec tradition as we experience and learn how to work with our dream-body and enter multi-dimensional gates of dreaming. We become dream masters and access the natural gift to be able to help one another. We will be learning how to enter different states of wakeful dreaming; others call this state lucid dreaming. Techniques to help you stop bad dreams remember dreams, go into 5th dimensional vortices and work with your psychic abilities opening up channels to see into the future or past life regression. Working with partners at times to reinforce energies and become a dream party (a group of medicine people who learn how to dream together). We will learn how to assist others through distant dream healings and how to program dream crystals as tools.

Please bring a rattle & crystal, if possible. ●

UPCOMING EVENTS:
Monday, Nov 26
Monday, Dec 17th (earlier due to holidays)

A SPECIAL GROUP CHANNELING/PERSONAL SESSIONS WITH YOUR ANGELS With Sheryl Blumenthal

I magine an evening where like-minded souls gather in community while supportive teachings from the spiritual guides, our angels, as well as the rare and loving energies and light from this experience support all who attend. The messages for the entire group are of benefit to all who have the opportunity to “hear and feel” them. A group session is extremely powerful and transforming. The pure light channeled throughout this event is a gift and based on the remembrance of a commitment to our souls “on high”. ●

SHERYL’S EVENTS: OCT 2012
Saturday, October 6:
12:30 - 2pm: Group Session
2:30-6pm: Personal Sessions
Mondays, Sept 24, Oct 29
* Monthly Circle
Members $20 Non-Members $25
Personal Sessions: $85 for half hour; $125 for an hour

SHERYL BLUMENTHAL is a pure vessel. This heartfelt messenger is divinely guided. She is lovingly referred to as, the Little One. Through rare abilities, her gifts offer love, healing, peace, and direct guidance through an extremely powerful and transforming unity with the Council of Elders. These angelic presences throughout history are revered sentient beings of ‘the most high’ who lovingly assist the transformation of our earth towards her highest ascension. The messages and the light that Sheryl brings forth are direct, vital, and pure. Her inner beauty and light will amaze you. Sheryl has remained an avid love of light and is passionate about helping people to journey towards achieving their soul’s quest and realizing their true gifts. Through years of counseling individuals and working with groups, Sheryl has remained a clear, strong channel for the Divine, witnessing many BECOME.

www.littleone.us ●

A nd let the meditations of the heart, let the thoughts of the body be turned rather to the Creative Forces.

Cayce Reading 1311-1
### Holistic Health Practitioners

The Edgar Cayce Center, NEW YORK

**Health and Healing**

<table>
<thead>
<tr>
<th>Name</th>
<th>Profession</th>
<th>Phone 1</th>
<th>Phone 2</th>
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<tbody>
<tr>
<td>MICHAEL EDAN</td>
<td>Polarity Therapy</td>
<td>845-943-1879</td>
<td></td>
</tr>
<tr>
<td>PETER GOLDBECK</td>
<td>Reconnective Healing</td>
<td>917-539-3001</td>
<td></td>
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<tr>
<td>MARK JOSEFSBERG</td>
<td>Alexander Technique, Cranio Sacral</td>
<td>917-539-3001</td>
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<tr>
<td>DR. SCOTT KELLER, D.C.</td>
<td>Caycean Chiropractor</td>
<td>212-691-7690</td>
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<tr>
<td>PAMELA MARKLEY, L.M.T.</td>
<td>Swedish Massage, Shiatsu</td>
<td>212-691-7690</td>
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<tr>
<td>KENNY MATTHEWSON, L.M.T.</td>
<td>Swedish Massage, Reiki</td>
<td>212-691-7690</td>
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<tr>
<td>LUBAINA CHOUDHURY</td>
<td>Shamanic Readings</td>
<td>908-313-8148</td>
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<tr>
<td>KEV'K’ANE</td>
<td>Hypnosis, Past Life Regression</td>
<td>646-338-6715</td>
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</tr>
<tr>
<td>TOSHI ENDO, L.M.T.</td>
<td>Shiatsu Acupuncture Massage, Posture Therapy</td>
<td>973-951-2939</td>
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<tr>
<td>CONI BURUO, PHD, CHT</td>
<td>Psychic &amp; Tarot Readings</td>
<td>212-691-7690</td>
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<tr>
<td>FOREST GAMBLE</td>
<td>Massage Therapist, Neuromuscular Therapy, Reflexology</td>
<td>212-691-7690</td>
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<tr>
<td>DAMON BARAM</td>
<td>Chinese Medicine Acupuncture, Massage, Qi-Gong, Herbal Medicine</td>
<td>212-691-7690</td>
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**Readings**

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<th>Name</th>
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<tr>
<td>SYLVIA CHAPPELL</td>
<td>Intuitive Tarot Readings</td>
<td>212-691-7690</td>
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**Marie Crosby Program: Affordable Healings!**

**Every Tuesday 7-9 PM**

Affordable readings and healings from ARE practitioners and advanced students of various healing modalities such as reiki, psychic readings, massage, chakra balancing etc...

$35 - Only 2 spaces available. Advanced booking absolutely necessary. Check edgarcaycenyc.org for updated schedule of practitioners

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### Upcoming A.R.E. Psychic & Health Fairs

- **Saturday, September 22** – as part of ARE NYC 15th Anniversary
- **Saturday, December 1** – ARE Holiday Party

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### Spirituality Growth Groups

#### A Search for God Study Group

**Mondays 7:00 - 9:00 PM**

Participants study in a supportive group format, seeking step by step self-transformation by applying the spiritual principles in the Edgar Cayce readings.

**Facilitator: Norman Curtis**

**By Donation**

#### Meditation Group

**Tuesdays 6:00 - 7:00 PM**

The Edgar Cayce readings support the practice of meditation as a foundation for spiritual growth. Group meditation is conducted primarily using methods described in the Cayce readings, and is followed by a short discussion of concerns, issues or problems participants may want to share about meditation in general or their meditation practice.

**Facilitator: Randall Okey**

**By Donation**

#### Bible Study Group/Cayce Forum

**Wednesdays 7:00 - 9:00 PM**

This forum offers an opportunity to explore the Cayce readings and share the experiences of others working with the same material, all while experiencing the spiritual journey through song and verse. Led by A.R.E. members of longstanding, the group offers a varied, personal experience of life at the New York Edgar Cayce Center!

**Facilitator: Elyse Curtis Ph. D.**

**By Donation**

#### Prayers for Healing

**Thursdays 7:30 - 9:00 PM**

Those who attend practice healing prayer, meditate and study materials relating to healing. Come for meditation and healing prayer, or call to be placed on the prayer list. Healing by laying on of hands (by request).

**Facilitators: Norman Curtis & Paul Dorogoff**

**By Donation**

#### Revelation Group

**Saturdays 7:00 - 8:30 PM**

The Cayce readings offer a unique, sometimes complex perspective on the Book of Revelation of St. John, the last book of the New Testament.

**Facilitator: Elyse Curtis Ph. D.**

**By Donation**

#### Weekly Group Psychic Readings

**Saturdays 3:00 - 5:00 PM**

Come for Come to find out how your soul growth is advancing! Come to ask questions & receive answers! This is an opportunity for you to receive info from the Universal Energy about existence!

**Facilitators: Rev. Kev O’Kane, Alan Hirner & Robert Plotzky**

**Members $10 Non-Members $15**

#### Sunday Morning Awakenings

**Sundays 11:00 - 12:30 PM**

Based on the Cayce readings, these non-denominational, non-sectarian gatherings are a gentle way to celebrate our love of God and raise our vibrational rates.

**Facilitators: Rev Kev O’Kane & Lubaina Choudhury**

**By Donation**

#### Prosperity Support Group

**Sundays 1:00 - 2:00 PM**

Modeled on the original Cayce readings on economic healing, the members of this group explore spiritual and other principles for developing a consciousness – and experience – of abundance & prosperity.

**Facilitator: Cathy Outeiral**

**By Donation**

#### Dream Study Circles

**Sundays 2:00 - 4:00 PM**

Using concepts from the Cayce readings, participants share dream material in a supportive group format, encouraging self-examination and interpretation of dreams and dream symbolism as a way of emotional and spiritual growth.

**Facilitators: Ken Klein and Paul Dorogoff**

**By Donation**

#### A Course in Miracles

**Sundays 4:30 - 6:00 PM**

Students of A Course in Miracles gather to study the Text, Workbook, Manual for Teachers and related materials scribed by Drs. Helen Schucman and William Thetford and published in the mid-1970s.

**Facilitator: Tom Carelli**

**By Donation**

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**Call 212-691-7690 for appointments!**

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<td>Sunday Morning Awakenings w/ Rev. Kev</td>
<td>Reiki Class Level 3 w/ Peter Goldbeck</td>
<td>Reiki Class Level 2 w/ Peter Goldbeck</td>
<td>Death and the Afterlife: A Comparison of the Edgar Cayce philosophy with that of Spiritism w/ Jack Rosen</td>
<td>Reiki Circle w/ Peter Goldbeck</td>
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<td>Full Moon Ceremony w/ Lubaina Choudhury</td>
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<td>Hatha Yoga</td>
<td>6-7:30pm</td>
<td>Unlock Your Psychic Senses - Level I w/ Karen Frances</td>
<td>7:15-9:30pm</td>
<td>Intuitive Healing</td>
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<td>ARE’S 15th Anniversary</td>
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<td>The Mayan Elders Speak</td>
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<td>Psychic Enhancement Circle w/ Peter Goldbeck</td>
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<td>Cayce Forum w/ Dr. Elyse Curtis</td>
<td>Prayers For Healing</td>
<td>Prophecy Celebration</td>
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<td>Unlock Your Psychic Senses - Level I w/ Karen Frances</td>
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<td>Cayce Forum w/ Dr. Elyse Curtis</td>
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<td>HOW COLOR CAN HEAL YOU AND YOUR PETS w/ OlgA Horvat</td>
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<td><strong>Every Sunday</strong></td>
<td><strong>Sunday Morning Awakenings</strong> 11am-12:30pm</td>
<td><strong>Prosperity</strong> 1-2pm</td>
<td><strong>Dream Study Group</strong> 2-4pm</td>
<td><strong>A Course in Miracles</strong> 4:30-6pm</td>
<td><strong>Reiki Circle</strong> w/ Peter Goldbeck 7-9pm</td>
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<tr>
<td><strong>Sunday Morning Awakenings</strong> w/ Rev. Kev 11am-12:30pm</td>
<td><strong>Life, Death, Reincarnation and Eternity according to Edgar Cayce</strong> w/ Jack Rosin 1-6pm; overview of Cayce: 4-5pm</td>
<td><strong>Prosperity</strong> 1-2pm</td>
<td><strong>Dream Study Group</strong> 2-4pm</td>
<td><strong>A Course in Miracles</strong> 4:30-6pm</td>
<td><strong>New Moon Ceremony</strong> w/ Lubaina Choudhury and Travis Ogden 7-9pm</td>
<td><strong>Hatha Yoga</strong> 6-7:30pm</td>
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<td><strong>Sunday Morning Awakenings</strong> w/ Rev. Kev 11am-12:30pm</td>
<td><strong>Prosperity</strong> 1-2pm</td>
<td><strong>Reiki Class Level 2</strong> w/ Peter Goldbeck 1-5pm</td>
<td><strong>Dream Study Group</strong> 2-4pm</td>
<td><strong>A Course in Miracles</strong> 4:30-6pm</td>
<td><strong>Hatha Yoga</strong> 6-7:30pm</td>
<td><strong>Search for God</strong> 7-9pm</td>
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<td><strong>Sunday Morning Awakenings</strong> w/ Rev. Kev 11am-12:30pm</td>
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<td><strong>Dream Study Group</strong> 2-4pm</td>
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<td><strong>The Shamanic Dream Circle</strong> w/ Irma StarSpirit Woman 7:30-9pm</td>
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**Discounts Available for Online Pre-Registration!**

[www.edgarcaycenyc.org](http://www.edgarcaycenyc.org)